

**ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE**

**CPD/CME TRACKING BOOKLET**

# INTERN PSYCHOLOGISTS

**Clinical, Community, Counselling, Educational, Engineering, Forensic, Neuro, Occupational, Industrial, Research.**

**REQUIRED POINTS**

**Year 2016: 25**

**Year 2017: 30**

**Year 2018 and onwards: 40**

**Name: BOTHWELL MATEWE**

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REG NO: **A/PSY0670**

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(PAGE 1)

## CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Continuing Professional Development (CPD) is the means by which members of the profession broaden the expertise required in their professional lives. Below are possible activities to enhance professional development.

The minimum CPD points will be 40 per year. To facilitate transition, the registration, renewal certificates for Interns would require that these practitioners accrue a ***minimum of 25 points*** *in 2016, then 30 in 2017 and 40 from 2018 onwards. NB: One cannot accumulate* ***more than 40%*** *of their points from the same category.*

**Below is the CPD points Guide Chart.**

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| **CATEGORY** | | **POINTS**  **AWARDED** | **MINIMUM** | **COMMENTS** |
| **1** | 1. Psychological lecture/ Presentation to the public      1. Lecturing | 2      2 | I Hour      Semester | Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with psychological education |
| **2** | 1. Morning/afternoon seminar      1. Psychology   Conference/Annual  Congress | 1/hour    Attending- 5  Presenting- 10 | 1/hour    2 Days | Seminar should be in line with continuous psychological education.    Conference should be in line with continuous psychological education |
| **3** | 1. Publishing in Peer reviewed Journal.      1. Review of journal article or research proposal | 20    5 |  | First author gets 20 points. Other listed authors get 10 points. Lecturers should not claim points from reviewing proposals of their students which is part of their everyday job |
| **4** | 1. Professional group meetings      1. Attending professional board   meetings/functions | Attending- 2  Presenting- 4    2 | 2 hours      1 Hour | e.g. Therapist Support Group (TSG)  e.g. ZPA, IPMZ |
| **5** | Achieving an extra  Psychology qualification | 5  10 | Certificate  Degree | The qualification should be in line with continuous psychological education |
| **6** | Registration with a professional board e.g. ZPA, AHPCZ, PAPU, IPMZ,  TSG | 2 |  |  |
| **7** | Participation in external consultation, e.g., external examination/ evaluations/ assessments | 2 |  |  |
| **8** | Community Service | 2 | per service |  |
| **9** | Personal psychotherapy for professional growth | 2 | Session | At least six sessions, compulsory for interns. |
| **10** | In-service training activities that are specific to each discipline ( e.g. MMPI Training, EMDR training) | 5 |  | At least two days |
| **11** | Internship Reports (Compulsory) | 1 | Per quarter |  |

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| **Date** | **Topic** | **CME** | | **Facilitator** | **Stamp/Sign** |
| **Category** | **Points** |
| **2022** | **MODULES TAUGHT (UNDERGRADUATE LEVEL):**  INTRODUCTION TO SOCIAL PSYCHOLOGY, PERSONALITY AND CULTURE, NEUROPSYCHOLOGY | **LECTURING (TWO SEMESTERS)** | **4** | **Mr Z, Samson**  Department Chairperson (GZU) |  |
| **2022** | Mataruse, I., Chinhanho, W., Chigevenga, R., & **Matewe, B**. (2022). Perceived Opportunities and Challenges Experienced in Inter-Generational Marriages: Insights from Young Men in Masvingo Urban, Zimbabwe | Publishing in Peer reviewed Journal. | **10** | http://ir.gzu.ac.zw:8080/xmlui/handle/123456789/471 |  |
| **2022** | Chatira, G., Samson, Z., & **Matewe, B.** (2022). An investigation into the experiences of catholic sisters during the covid 19. A case study of a diocese in zimbabwe. *International Journal of Education & Psychology in the Community*, *1 (1 & 2), 147-157*. | Publishing in Peer reviewed Journal. | **10** | International Journal of Education & Psychology in the Community |  |
| **2022** | **Matewe, B**., Chigevenga, R., Mataruse, I., & Chinhanho, W, (2022), Emotional intelligence among single mothers during Covid 19 Pandemic: Insights from Women in Masvingo Urban, *Zimbabwe. Zimbabwe Journal of Health Sciences, Vol 2, Issue 1 (101-115).* | Publishing in Peer reviewed Journal. | **20** | *Zimbabwe. Zimbabwe Journal of Health Sciences, Vol 2, Issue 1 (101-115).* |  |